



UPCOMING COURSES

**A Study of Neurodynamics:
The Body's Living Alarm**
May 19 | Des Moines, IA

**Focus on Function: Changing
Pain Related Behavior (TNE II)**
June 2-3 | Kent, WA

**The Cervical Spine:
A Manual Therapy and
Pain Science Approach**
July 14 | Des Moines, IA

**The Lumbar Spine:
A Manual Therapy and Pain
Science Approach**
July 15 | Des Moines, IA

Spinal Manipulation
August 11 | Des Moines, IA

**LEARN MORE &
REGISTER NOW**

Become a Therapeutic Pain Specialist with ISPI

Program Description

Persistent pain affects the lives of 100 million people in the U.S., according to the current data. The evidence for therapeutic approaches in treating these patients is ever-increasing. TPS teaches and integrates an interdisciplinary approach to acute and chronic pain with an intent to positively impact human suffering. This program is designed so you will:

- Become a certified, highly skilled practitioner with advanced clinical competency in evaluation and treatment of pain.
- Make evidence-based practice an immediate reality in your clinical practice.
- Improve your knowledge of current evidence related to pain neuroscience.

“ I’m so excited that I went through this certification! I was ready to quit my 10-year career as a PTA because I was frustrated and felt I had inadequate knowledge and tools to help persistent pain patients. Since going through the TPS Program, I have not enjoyed treating persistent pain as much as I do now! I feel that I can actually help these tossed aside individuals and help them to help themselves. ”

—Jessica M., TPS Graduate

Tuition: \$4,800

Curriculum: approximately 5 months online + two 2-day on-site weekend intensives

Audience: Licensed healthcare providers including physical therapists, physical therapist assistants, occupational therapists, medical doctors, nurses, and more

Next Application Deadline: June 1

APPLY NOW

Blog Highlights

PNE: Right Message, Wrong Door

by Jarrod Brian

“Implementing pain neuroscience education (PNE) into practice has revolutionized my career.”

READ MORE

Mistakes and the “NewSmart”

by Jessie Podolak

“I made a mistake this week. It wasn’t a huge mistake, but it was an error in judgment and it jeopardized the trust in a relationship that is important to me.”

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A Bridge for Inference by Jarrod Brian

“Our lives are full of inferences where logical deductions are made based on premises assumed to be true.”

READ MORE

“It’s Going to Be Okay.”

by Kory Zimney

“When teaching weekend courses we often refer to this statement as some of the most powerful words in medicine.”

READ MORE

Pain, PT, and the ED - A Story Worth

Reading by John Seip

“Today made all I have worked for, the extra stress, the evenings studying, the money spent, and years of practice worthwhile.”

READ MORE

“That’s the thing that scares me the most, is that I don’t know if it’s ever going to stop.”

by Kory Zimney

“It’s a great line from one of my favorite YouTube short film clips: Not About the Nail.”

READ MORE



Research Updates

“Neurodynamic mobilization in a collegiate long jumper with exercise-induced lateral leg and ankle pain: A case report”

By: Terry Cox, Tom Sneed, and Herb Hamann
Published in: *Physiotherapy Theory and Practice*

[READ FULL ARTICLE](#)

“Can pain beliefs change in middle school students? A study of the effectiveness of pain neuroscience education”

By: Adriaan Louw, Jessie Podolak, Kory Zimney, Stephen Schmidt, and Emilio J Puentedura
Published in: *Physiotherapy Theory and Practice*

[READ FULL ARTICLE](#)

“Immediate Effects of Mirror Therapy in Patients With Shoulder Pain and Decreased Range of Motion”

By: Adriaan Louw, Emilio J Puentedura, Dave Reese, Paula Parker, Terra Miller, and Paul E. Mintken

Published in: *Archives of Physical Medicine and Rehabilitation*

[READ FULL ARTICLE](#)

“Immediate preoperative outcomes of pain neuroscience education for patients undergoing total knee arthroplasty: A case series”

By: Adriaan Louw, Kory Zimney, Jordan Reed, Merrill Landers, and Emilio J. Puentedura

Published in: *Physiotherapy Theory and Practice*

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“Use of Pain Neuroscience Education, Tactile Discrimination, and Graded Motor Imagery in an Individual With Frozen Shoulder”

By: Eric E. Sawyer, Amy W. McDevitt, Adriaan Louw, Emilio J. Puentedura, and Paul E. Mintken

Published in: *Journal of Orthopaedic and Sports Physical Therapy*

[READ FULL ARTICLE](#)

Upcoming Evidence In Motion Webinar

Pelvic Health Applications for Orthopaedic Clinicians

Join Dr. Jennifer Stone as she discusses practical screening and intervention tools for therapists with beginner level knowledge of the pelvic floor. If you are a clinician who treats athletes or patients with low back pain, hip pain, or pelvic girdle pain, this webinar will give you clinically-applicable tools to be used immediately in your practice.



Date: April 12, 2018 | Time: 7:00pm CT
Price: Free

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align
CONFERENCE 2018

SESSION SPOTLIGHT:

Pain Neuroscience Education and Calming A Sensitive Nervous System

SUMMARY:

Pain neuroscience education can be used as a powerful tool in calming the central and peripheral nervous system, helping patients more readily engage in physical treatments. Attendees of this breakout session will develop a step-by-step, immediately clinically-applicable "how to" on teaching people about pain and calming a hypervigilant nervous system.

[Learn More](#)

NEXT APTA
Conference
and
Exposition

June 27-30, 2018
ORLANDO

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EIM Family of Brands
at Booth #815

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