

Instructor

Adriaan Louw

PT, M.App.SC (physio), GCRM, CSMT



Adriaan Louw attended the University of Stellenbosch in Cape Town, South Africa, where he graduated in 1992 from an extensive physiotherapy program, including a very stringent manual therapy based training, following the concepts of Geoffrey Maitland.

All training was geared towards direct access, diagnosis and first contact practitioners. Adriaan is currently an adjunct faculty member at Rockhurst University, where he teaches spinal manipulative therapy for final year students. Adriaan is also an instructor with The Neuro Orthopaedic Institute (Australia) where he has been teaching with David Butler for more than 12 years. Adriaan is a part-time clinician and spine specialist for Physiotherapy Associates and has taught numerous post-graduate courses and conferences throughout the United States on topics related to spinal disorders. Adriaan also completed his Graduate Certificate in Research Methodology from the University of South Australia. Recently Adriaan completed his Masters degree in research into spinal surgery rehabilitation at his alma mater, the University of Stellenbosch and is now working on his PhD in neuroscience education.



Management of the Whiplash Patient

Lone Tree, CO
March 10 & 11, 2012



PO Box 232
Story City, IA
50248

Open to Physical Therapists Only

Management of the Whiplash Patient

Course Description

This 15-hour, intermediate two-day class is designed to update attendees on the management of the whiplash patient. Epidemiological studies show an increasing incidence of motor vehicle collisions which results in patients attending physical therapy after motor vehicle collisions. Coinciding with the increasing numbers is a wave of new research in the diagnosis and management of such patients, which have been shown to be some of the most challenging patients to management. The course includes update on pathology, screening whiplash patients, educating whiplash patients and best-evidence in management. Treatment includes patient education, manual therapy, neural tissue mobilization exercise including spinal stabilization and proprioception/visual field retraining. Examination and treatment covered includes the acute, sub-acute and chronic phases on whiplash. Basic skills in manual therapy are required. This course is open to physical therapists only.

Objectives

Upon completion of the course, attendees will:

1. Be updated on the latest research into the epidemiology regarding whiplash injuries and whiplash associated disorders.
2. Be updated on screening of whiplash patients in the acute, sub-acute and chronic phase.
3. Be updated on the latest evidence for managing whiplash associated disorders in physical therapy.
4. Be able to apply all physical tests and treatments in a safe, effective manner.
5. Be able to apply all techniques, tests and principles into clinical practice for the acute, sub-acute and chronic whiplash patient.

Course Layout

Day 1

8:00 – 8:15	Welcome and introduction
8:00 – 8:45	Whiplash – the numbers
8:45 – 10:00	Whiplash – the injuries
10:00 – 10:15	Break
10:15 – 11:00	Lab: Palpation cervical spine
11:00 – 12:00	Subjective: The MUST ask questions
12:00 – 1:00	Lunch
1:00 – 2:00	<u>Lab:</u> Safety first - Screening the acute/sub-acute whiplash patient
2:00 – 2:45	Educating the acute whiplash patient
2:45 – 3:00	Break
3:00 – 4:15	<u>Lab:</u> Physical examination
4:15 – 5:00	<u>Lab:</u> Spinal mobilization

Day 2

8:00 – 8:30	Current best evidence for managing acute/sub-acute whiplash patient
8:30 – 10:00	<u>Lab:</u> Spinal mobilization and manipulation
10:00 – 10:15	Break
10:15 – 10:45	Neurodynamics for the whiplash patient
10:45 – 11:30	<u>Lab:</u> Neurodynamic treatment
11:30 – 12:00	Spinal stabilization for whiplash
12:00 – 1:00	Break
1:00 – 2:00	<u>Lab:</u> Spinal stabilization for whiplash
2:00 – 2:45	The chronic whiplash patient
2:45 – 3:00	Break
3:00 – 3:30	<u>Lab:</u> Tests for the chronic whiplash patient
3:30 – 4:15	Explaining pain to a chronic whiplash patient
4:15 – 4:45	<u>Lab:</u> Manual therapy review
4:45 – 5:00	Conclusion, summary and questions

Hotel, Travel and Confirmation:

ISPI will mail out official confirmation notices. Please do not make any travel or accommodation arrangements until you receive your confirmation

Registration Information

Name: _____

PT License # _____

Billing Address : _____

Phone: _____

Fax: _____

E-mail: _____

Whiplash Course Venue: **March 10 & 11, 2012** **\$425**
Rocky Mountain Spine & Sport
9218 Kimmer Drive, Lone Tree, CO

Payment: Check #: _____

- VISA
 MASTERCARD
 DISCOVER

Card Number: _____

Expiration: _____

3 digit security code: _____

Signature: _____

** If the credit card does not correspond to the above address, please provide the billing address

Cancellation policy:

If written notification of cancellation is received to ISPI prior to the course start date, the participant may receive a letter of credit for the full amount, substitute someone in their place, or transfer to another course within 12 months of the cancellation without penalty. No monies will be refunded for cancellations. If the participant registered using a letter of credit, or if the participant has been transferred from another course, and the participant cancels, no other letter of credit will issued. All credits are forfeited. No money or credit will be issued for "no shows" at the course nor for cancellation any time after the course start date.

Institute Cancellation: If ISPI cancels the course due to unforeseen circumstances or if the minimum number of participants to hold the course is not met, full refunds will be awarded to registered participants. If, while the course is in progress, the course is interrupted by an "act of God" or other unforeseen circumstances, no refunds will be issued. ISPI is not responsible for any costs incurred by course participant in the event of an institute cancellation, including airline tickets.

Mail or Call for registration:

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