

## Instructor



**Steve Forbush, PT, PhD**, has been working with the International Spine and Pain Institute as a principal lecturer since 2010, lecturing on spinal manual therapy, differential diagnosis, and extremity diagnosis and rehabilitation. He is an Assistant Professor in Physical Therapy at The University of Central Arkansas in

the DPT program and has been there since 2006. Steve received a PhD in PT from Nova Southeastern University in 2009. His entry degree in physical therapy was a Master's Degree in Physical Therapy from the University of Alabama in Birmingham in 1979 and he immediately continued with a residency in Orthopedics from the Institute of Graduate Health Sciences in Atlanta until 1982. In between his entry level degree and his doctoral credentials, Steve worked as a manager and wellness coordinator for a regional medical system, managed a successful private practice for over 17 years, and coordinated and managed 6 outpatient sites for a large regional medical center in the North Georgia area. Dr. Forbush has had a great interest in all orthopedic conditions since early in his residency and has been teaching courses on his unique approach to management of PT practice and orthopedic conditions and diagnoses since the early 1990's. He is also active in the APTA and is presently the president of the Arkansas Physical Therapy Association, on the Board of the Health Policy and Administration Section of the APTA, and a member of the HPA, Cardiopulmonary, and Orthopedic Sections.

### **Hotel, Travel and Confirmation:**

ISPI will mail out official confirmation notices 4-6 weeks before the course date.

Please do not make any travel or accommodation arrangements until you receive your confirmation.

### **ISPIInstitute.com**

ISPI is an independent educational group that is committed to high-quality, affordable, up-to-date, evidence-based and clinically applicable continuing education for physical therapists. Courses provided by ISPI are instantly applicable in clinical settings and offer a variety of treatment options in the current managed care environment from highly skilled hands-on, mobilization, functional exercise programs, to patient education.



PO Box 232  
Story City, IA 50248



## Shoulder Differential Diagnosis and Management



**Kansas City, KS**  
**March 17 & 18, 2012**  
Open to PTs & PTAs

# Shoulder Differential Diagnosis and Management

## Registration Information

### Course Description

This 14 hour, 2 day shoulder course is designed to allow the participant to have a better understanding of the complex anatomy and biomechanics of the shoulder and the interrelationship to other structures (cervical spine, thoracic spine, and core activities). The course is designed to present the clinician recent and state of the art, evidence-based information for effective evaluation, treatment, and differential diagnosis of multiple pathologies affecting the shoulder. Case scenarios will be presented to allow the participant the opportunity to evaluate, differentiate, and develop new and effective intervention strategies for specific shoulder impairments and injuries. The course is designed to allow at least half of the time in hands-on laboratory sessions and allows ample time for discussion. The cost to attend this course is \$425. It is open to Physical Therapists and Physical Therapy Assistants. CEUs in Physical Therapy have been applied for in the states of MO & KS for 1.4 CEUs (14 contact hours).

### Course Layout

#### Day 1:

7:30-8:00 Registration  
8:00-8:30 Introduction to Course and Instructor  
8:30-10:00 Anatomy of the Shoulder Complex (7 Shoulder Joints and Interactions)  
10:00-10:15 Break  
10:15-12:00 Biomechanics of the Shoulder Complex  
12:00-1:00 Lunch  
1:00-2:30 Special Tests in the Examination and Evaluation of the Shoulder (LAB #1)  
2:30-2:45 Break  
2:45-4:30 Differential Diagnostic Testing  
4:30-5:00 Prep for 2<sup>nd</sup> Day and Cases

#### Day 2:

7:30-8:00 Registration and Snacks  
8:00-10:00 Case #1: Issy  
10:00-10:15 Break  
10:15-12:00 Case #2: Samantha (Cervical and Shoulder Complex Connections)  
12:00-1:00 Lunch  
1:00-2:30 Case #3: Sebastian  
2:30-2:45 Break  
2:45-4:00 Interventions for the Shoulder Complex  
4:00 End of Sessions

Name: \_\_\_\_\_

PT License # \_\_\_\_\_

Billing Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Fax: \_\_\_\_\_

E-mail: \_\_\_\_\_

**Shoulder DD  
Kansas City, KS**

**\$425.00  
March 17 & 18, 2012**

Payment: Check # \_\_\_\_\_

- VISA  
 MASTERCARD  
 DISCOVER

Card Number: \_\_\_\_\_

Expiration: \_\_\_\_\_ 3 digit security code \_\_\_\_\_

Signature: \_\_\_\_\_

\*\* If the credit card does not correspond to the above address, please provide the billing address

#### Cancellation policy:

If written notification of cancellation is received by ISPI prior to the course start date, the participant may receive a letter of credit for the full amount, substitute someone in their place, or transfer to another course within 12 months of the cancellation without penalty. No money will be refunded for cancellations. If the participant registered using a letter of credit or if the participant has been transferred from another course and the participant cancels, no other letter of credit will be issued. All credits are forfeited. No money or credit will be issued for "no shows" at the course nor for cancellation any time after the course start date.

Institute Cancellation: If ISPI cancels the course due to unforeseen circumstances or if the minimum number of participants to hold the course is not met, full refunds will be awarded to registered participants. If, while the course is in progress, the course is interrupted by an "act of God" or other unforeseen circumstances, no refunds will be issued including airline tickets. ISPI is not responsible for any costs incurred by course participants in the event of an institute cancellation, including airline tickets.

#### **Mail, Fax or Call**

International Spine & Pain Institute  
P.O. Box 232

Story City, IA 50248

Phone (515) 733-2699 Fax (515) 733-2744  
info@ISPINstitute.com



### Course Objectives

At the completion, participants will be able to:

1. Explain why there are 7 functional connections in the shoulder
2. Describe the complex interactions of the 7 functional shoulder units/joints
3. Perform all special tests for the shoulder and understand the reliability and validity of each of these tests
4. Assess local, remote, and referred shoulder pathologies and impairments
5. Understand the role of imaging in the diagnosis of shoulder pathologies: when, where, and which tool
6. Define the multiple systemic problems which might refer to the shoulder and create shoulder complaints
7. Differentiate and diagnose problems in several cases through proper examination, evaluation, and supporting evidence
8. Choose proper and effective intervention strategies for varied shoulder pathologies and impairments

*Education is Therapy....*