

Instructor

Louie Puentedura
PT, DPT, OCS, GDMT, CSMT, FAAOMPT



Dr. Puentedura received his Bachelor of Applied Science degree in Physiotherapy (B.App.Sc.Physio) from Lincoln Institute of Health Sciences, La Trobe University, Melbourne, Australia in 1980. He received a Post Graduate Diploma in Manipulative Therapy (GDMT) from the same school and university in 1983. He was awarded his Post-Professional Doctor of Physical Therapy (DPT) degree (with distinction) from Northern Arizona University in 2005. Dr. Puentedura is also a Board Certified Clinical Specialist in Orthopedic Physical Therapy (OCS) and is a Fellow of the American Academy of Orthopaedic Manual Physical Therapists (FAAOMPT). Dr. Puentedura has worked primarily in private practice settings, initially in Australia and since 1995, in the USA. He began his physical therapy career in geriatrics and outpatient rehabilitation within a hospital setting, and after receiving his GDMT, began to specialize in spinal pain and spinal conditions. He has presented at Australian National and Regional Conferences, and since moving to the USA has presented at various State PT Association meetings and conferences. He is a senior instructor with International Spine Pain Institute and the Neuro-Orthopedic Institute (NOI) in the USA. Dr. Puentedura is now completing his PhD on spinal manipulation for the cervical spine.

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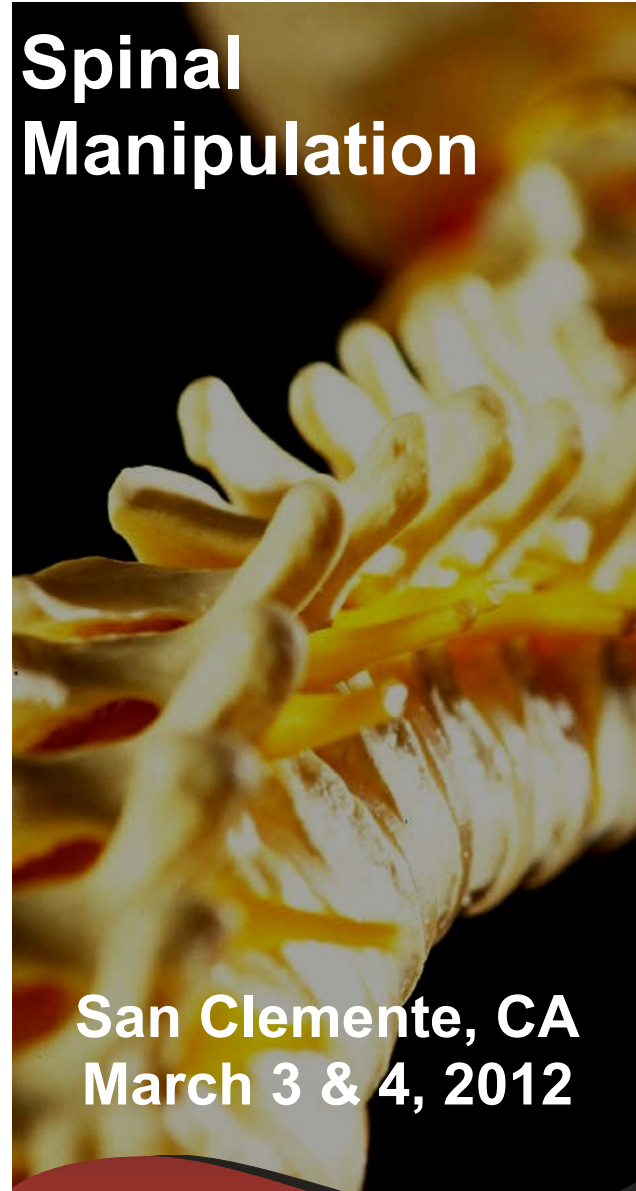
ISPI is an independent educational group that is committed to high-quality, affordable, up-to-date, evidence-based and clinically applicable continuing education for physical therapists. Courses provided by ISPI are instantly applicable in clinical settings and offer a variety of treatment options in the current managed care environment from highly skilled hands-on, mobilization, functional exercise programs, to patient education.



PO Box 232
Story City, IA
50248



Spinal Manipulation



San Clemente, CA
March 3 & 4, 2012

Limited Space
Open to Physical Therapists

Spinal Manipulation

Course Description

This course will enhance the knowledge and skills of physical therapists, building upon entry-level training of orthopedic manual physical therapy in regards to joint movement for the lumbar spine, cervical spine, thoracic spine and pelvis. This course is based the Guide to Physical Therapist Practice, Manipulation Educational Manual, and the latest research and clinical implementation of spinal manipulation for physical therapists. The focus of this course is safe and skillful application of the manipulation techniques taught in the class.

The majority of the class will feature extensive lab sessions. Physical Therapy clinicians will also be taught the latest research regarding issues related to spinal manipulation, including the history of spinal manipulation, demystifying the concept of the “audible pop,” clinical prediction rules, safety (including contraindications and precautions), consent for manipulation, efficacy of manipulation for spinal pain and models for the application of spinal manipulation. Furthermore, clinicians will be taught sound clinical reasoning skills to appropriately apply spinal manipulative procedures. Complimentary treatments such as exercise, education, modalities and more will be discussed and shown, to provide the clinicians with immediate clinical applicable information.

Safe and effective handling skills form the core of this course. Limited participants are allowed to ensure quality supervision and instruction.

Hotel, Travel and Confirmation:

ISPI will mail out official confirmation notices.

Please do not make any travel or accommodation arrangements until you receive your confirmation

Course Layout

Day 1

8:00 Introduction & Welcome
8:15 History of Spinal Manipulation
8:45 Evidence for SMT
9:15 Lab: Anterior Innominate
9:45 Break
10:00 The Audible Pop & Localization
10:30 Kinematics & Couple Motion
10:45 Lab: L1—L5 Rotation in N/E
11:15 Safety and Manipulation
12:00 Lunch
1:00 Lab: Thoracic PA thrust supine
1:30 Lab: C7—T3 prone Manip.
2:00 Informed Consent
2:15 Lab: SIJ Manipulation
3:00 Break
3:15 Reasoning & Treatment Models
4:00 Lab: Thoracic PA thrust in prone
4:30 Lab: C2-C7 Upslope - Cradle
5:00 Class ends

Day 2

8:00 Questions and Review
8:15 Marketing Manipulation
8:45 Lab: C2—C7 Upslope—Chin
9:15 Lab: L1—L5 Rotation in N/E
9:45 Break
10:00 Lab: Thoracic Extension Sitting
10:30 State Practice Acts /APTA Guide
10:45 Lab: L1—L5 Rotation in N/E
11:15 Lab: C2—C7 Downslope: Cradle
12:00 Lunch
1:00 Lab: T10—L1 Rotation
1:30 Lab: C2—C7 Downslope—Chin
2:00 Case Studies
2:30 Lab: C7—T3 Thrust prone
3:15 Break
3:30 Clinical Implementation
4:15 Review of any/all techniques
4:45 Summary and Questions
5:00 Class ends

Registration Information

Name: _____

License # _____

Address: _____

Phone: _____

Fax: _____

E-mail: _____

Spinal Manipulation \$495.00
San Clemente, CA March 3 & 4, 2012

I have included a copy of my PT license?

Payment: Check #: _____

- VISA
 MASTERCARD
 DISCOVER

Card Number: _____

Expiration: _____ 3 digit security code _____

Signature: _____

** If the credit card does not correspond to the above address, please provide the billing address

Cancellation policy:

If written notification of cancellation is received by ISPI prior to the course start date, the participant may receive a letter of credit for the full amount, substitute someone in their place, or transfer to another course within 12 months of the cancellation without penalty. No money will be refunded for cancellations. If the participant registered using a letter of credit or if the participant has been transferred from another course and the participant cancels, no other letter of credit will be issued. All credits are forfeited. No money or credit will be issued for “no shows” at the course nor for cancellation any time after the course start date.

Institute Cancellation: If ISPI cancels the course due to unforeseen circumstances or if the minimum number of participants to hold the course is not met, full refunds will be awarded to registered participants. If, while the course is in progress, the course is interrupted by an “act of God” or other unforeseen circumstances, no refunds will be issued including airline tickets. ISPI is not responsible for any costs incurred by course participants in the event of an institute cancellation, including airline tickets.

Mail, Fax or Call

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Education is Therapy....

