



PO Box 232
Story City, IA
50248

Third Bi-Annual

Minneapolis Orthopedic Evening Lecture Series



Spring 2012

Wednesday April 11, 2012
Explaining Pain to Patients

- **Adriaan Louw**
PT, M.App.Sc(physio), GCRM, CSMT

Wednesday May 9, 2012
**Current Concepts in the
Treatment of Rotator Cuff
Pathology**

- **Dr. Nicholas Meyer**
- **Dan Teece PT, DPT**



**ST. CATHERINE
UNIVERSITY**

General Information

- **Course: 6:00 - 9:00 PM**
- **Location: St. Catherine University; 601 25th Avenue South; Minneapolis, MN**
- **Handouts, snacks & beverages provided by International Spine & Pain Institute**
- **CEU's applied in MN for Physical Therapy only**
- **ISPI is not a NATABOC, OTA or CME provider**
- **Cost: \$50 per class or \$90 for the series (.3 CEU's per evening for a total of .6)**
(Please see cancellation policy and discount information on page 2)

Phone: 1-866-235-4289 Fax (515) 733-2744 info@ISPIInstitute.com



ISPIInstitute.com



Minneapolis Orthopedic Evening Series Spring 2012 Registration Form

STEP 1: DEMOGRAPHIC INFO

Name: _____

Address: _____

Phone: _____

Fax: _____

E-Mail: _____

- PT
- PTA
- OT
- COTA
- LAT/ATC
- MD
- DO

***** CEU's only applied for Physical Therapy in MN; ISPI is not a BOC, OTA or CME provider**

STEP 2: SELECT COURSE/S

Signing up for:

- Explaining Pain to Patients (4/11) \$50 _____
- Rotator Cuff (5/9) \$50 _____
- All 3 classes \$90 _____

**** Discount applies to this spring series only**

STEP 3: PAYMENT

Check: Number _____ (Make check Payable to International Spine & Pain Institute)

Card Number: _____

Expiration: _____ 3 digit security code: _____

Signature: _____



Does this credit card match the above address? If not—please supply billing address

Cancellation policy:

- ◆ **No refund for canceling/not attending.**
- ◆ **Letter of credit will be issued if cancellation is received up to the day of the class. This letter of credit can be used at any ISPI course within 1 year of the cancellation date for the amount refunded.**
- ◆ **There is no refund and no letter of credit for not attending the evening class without prior notification.**

You can register by mailing a registration form, fax a registration form or call and register over the phone



Minneapolis Orthopedic Evening Lecture Series
April 11, 2012
Explaining Pain to Patients

Course Description

This 3 hour presentation is the culmination of 10 years of clinical research into educating patients about their pain states from a neuroscience perspective. Many therapists believe education is done as "part of normal treatment." New research, explaining pain from a neuroscience perspective by physical therapists has shown to help patient experience less pain, less fear, improved movement and cognitions, improved function, improved motivation to perform exercise and be more willing to engage pain during activities. This presentation is designed to provide attendees with a take-home strategy to explain pain in acute, sub-acute and chronic pain states, including fibromyalgia, spinal pain, ankle sprains, postoperative and preoperative patients.

Layout

5:30 – 6:00 Sign in and registration

6:00 – 9:00 Education & PT, Neuroscience education, incorporating evidence into clinical practice

9:00 Class ends

Objectives

Upon completion of the presentation, attendees will:

1. Understand models of education for chronic pain, including each model's benefits and shortcomings
2. Be updated on the growing evidence for neuroscience education for chronic pain
3. Be updated on the latest evidence for exercise in managing chronic pain
4. Increase awareness of the content and delivery methods associated with education and exercise for chronic pain
5. Apply the information from the educational session into clinical practice

Adriaan Louw PT, M.App.SC (physio), GCRM, CSMT

Adriaan Louw attended the University of Stellenbosch in Cape Town, South Africa, where he graduated in 1992 from an extensive physiotherapy program, including a very stringent manual therapy based training, following the concepts of Geoffrey Maitland. All training was geared towards direct access, diagnosis and first contact practitioners. Adriaan is currently an adjunct faculty member at Rockhurst University, where he teaches spinal manipulative therapy for final year students. Adriaan is also an instructor with The Neuro Orthopaedic Institute (Australia) where he has been teaching with David Butler for more than 12 years. Adriaan is a part-time clinician and spine specialist for Physiotherapy Associates and has taught numerous post-graduate courses and conferences throughout the United States on topics related to spinal disorders. Adriaan also completed his Graduate Certificate in Research Methodology from the University of South Australia. Recently Adriaan completed his Masters degree in research into spinal surgery rehabilitation at his alma mater, the University of Stellenbosch and is now working on his PhD in neuroscience education.



Minneapolis Orthopedic Evening Lecture Series
May 9, 2012
Current Concepts in the Treatment of Rotator Cuff Pathology

Course Description

This 3 hour lecture is designed to update attendees on the latest research and evidence in the diagnosis and treatment of impingement, rotator cuff injuries and overhead shoulder activities from a medical and therapeutic viewpoint. This lecture will include etiology of overhead shoulder injuries, epidemiology, clinical presentation, diagnosis, medical non-surgical treatment, surgical treatment, non-surgical rehabilitation and postoperative rehabilitation.

Layout

5:30 – 6:00 Sign in and registration
6:00 – 7:00 Medical and surgical management of rotator cuff pathology
7:00 – 9:00 Physical therapy management of rotator cuff pathology
9:00 Class ends

Objectives

Upon completion of the presentation, attendees will:

- Be updated to the medical, non-surgical management of rotator cuff injuries
- Be updated on the surgical management of rotator cuff injuries
- Be updated on the rehabilitation of the non-operative rotator cuff patient
- Be updated on the rehabilitation of the postoperative rotator cuff patient
- Be able to apply the principles taught in the presentation to clinical practice

Dan Teece PT, DPT

Daniel Teece graduated from Iowa State University with his B.S. degree in Exercise and Sports Sciences. Daniel went on to receive his doctorate degree in physical therapy from Creighton University in Omaha, NE. During his time spent at Creighton and his time spent in his clinical rotations, Daniel became particularly interested in research. He has had the opportunity to work and complete research at the Iowa State University Motor Control Lab, as well as the Creighton University Biodynamics and Motion Analysis Lab. His research interests are in sports medicine, orthopedics, and neurological diseases. Dan enjoys treating a variety of physical therapy areas including orthopedic related injuries, spine pain, and sports medicine. Outside of the clinic Daniel enjoys running marathons, golfing, and officiating NCAA Men's Basketball. He also enjoys spending time with his wife Rachael, who works as a physical therapist in Maplewood, Minnesota. Dan and Rachael currently reside in Hudson, WI.